A NATURAL APPROACH

BENEFITS OF MASSAGE:

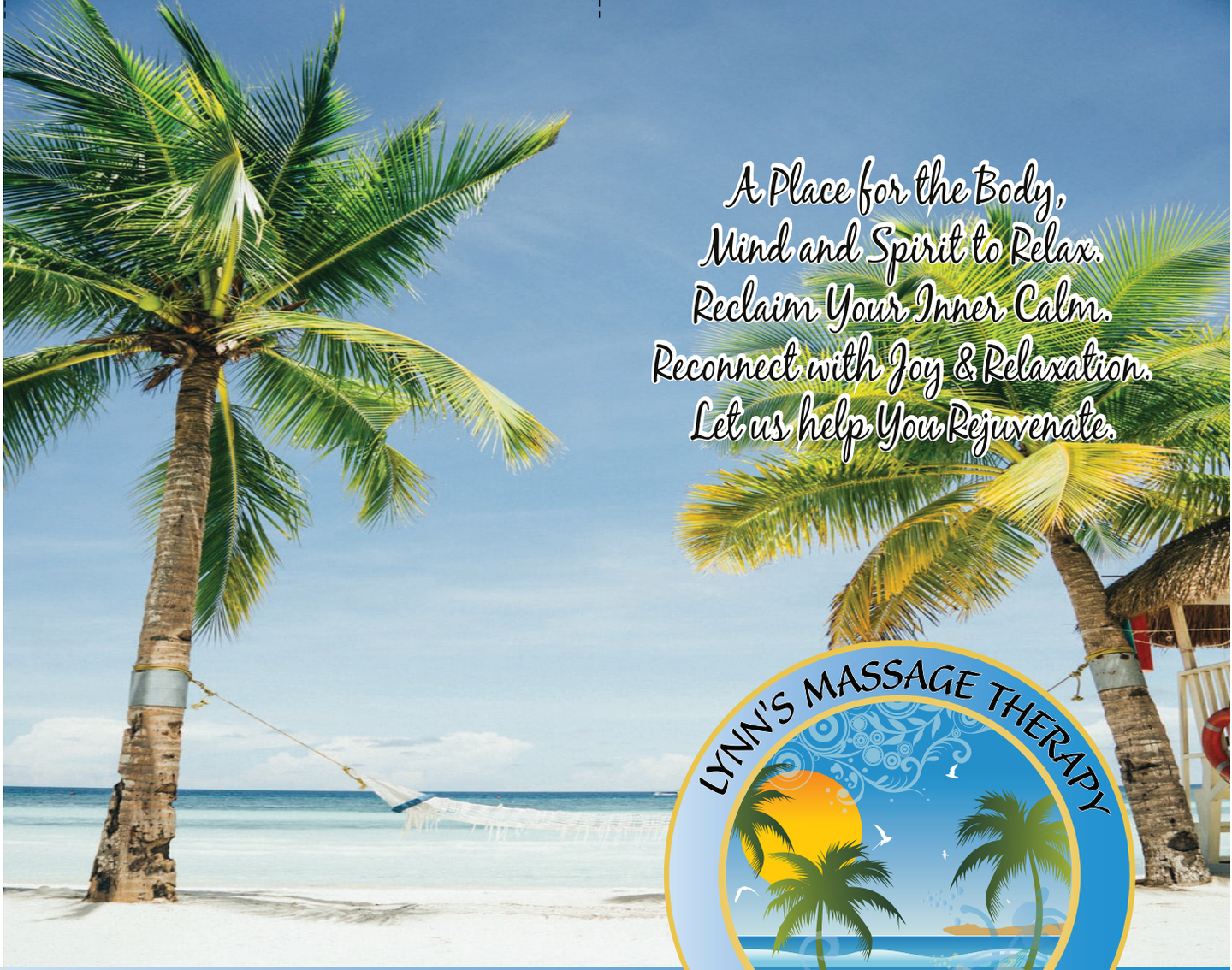
- Calm the Nervous System
- Relieve Stress & Headaches
- Improve Sleep
- Strengthen the Immune System
- Aid in Removal of Toxins from the Body
- Reduce Muscle Tension
- Improve Circulation
- Improve Posture
- Increase Flexibility & Improve Range of Motion
- Enhance Overall Well-Being
- Increase the flow of Oxygen & Nutrients to Cells & Tissue
- Stimulate & Release Endorphins, your Body's Natural Painkiller

Massage is not just for people to manage pain or those wanting to be pampered. Massage is therapeutic and can relive stress and improve your state of mind. Getting regular massages can help improve your health.

HEALTH INSURANCE, INJURY AND MASSAGE

Health Insurance:

Some insurances have FLEX plans or HSA accounts that will cover massage therapy. Check with your Medical Insurance Company for their requirements.



A Place for the Body, Mind and Spirit to Relax. Reclaim Your Inner Calm. Reconnect with Joy & Relaxation. Let us help You Rejuvenate.

LYNN'S MASSAGE THERAPY

RELAX YOUR BODY AND MIND

CONTACT US

16020 King Rd. (King Plaza II) • Riverview MI, 48193
www.lynnsmassagetherapy.com
lynnsmassagetherapy@gmail.com

HOURS:

Mon,Tues, Wed & Fri • 10am-7pm
Sat • 10am-4pm
Closed Sun & Thurs

Gift Certificates available

VISA MasterCard Find us on: facebook

734-282-3717

call or text:

734-636-6605

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MASSAGE SERVICES

Chair Massage (15 min).....$20
This quick fix gets you on your way, leaving you recharged and refreshed.

Mind Relaxer (30 min) $40
This head, neck and shoulder massage will make you forget all the stress and worries plaguing your mind.

Scalp Massage (30 min) $35
Say goodbye to tension, stress or sinus headaches after this treatment.

Back Massage (30 min) $40
Your tender achy back is calling "massage." Don't you owe it to your back? Yes, you do!

Legs Massage (30 min).....$35
Runners and diabetics alike will benefit from this massage, a tonic for the aches, pains and circulation in the legs.

Peace of Mind (45 min) $50
This session focuses on the upper body where we accumulate most of our stress and tension.

Reiki (30–45 min).....$50
Reiki is a simple, natural and safe method of spiritual healing and self improvement that everyone can use. Reiki treats the whole person, body, mind and spirit. Introducing beneficial effects including relaxation and a feeling of peace, security and well-being. Reiki service is with Lynn only.

Swedish/Relaxation Massage
(60 min).....$70
(90 min) $100
A full body massage that will soothe and relax, helping you to unwind and relieve everyday stress.

Blended Therapeutic Massage
(60 min).....$80
(90 min) $110
A combination of Swedish and Deep Tissue massage. The goal of this therapeutic massage is to work out your specific areas of pain and tension, creating a state of total relaxation.

Deep Tissue Massage
(30 min).....$50
(45 min).....$70
(60 min) $90
(90 min).....$130
Massage for those tight muscles that need to be loosened. This session involves deep tissue, stretching and rotating the joints to help relieve soreness.

Pre–Natal Massage (60 min) $70
Total relaxation to help ease the aches and pains during pregnancy. Bridget Only.

Stretch Massage
(30 min) $35
(45 min).....$50
Do your shoulders feel tight and cramped after sitting at a desk all day? Stretching is a great way to keep the body limber.

Medical Massage (per 15 min) $40
Medical Massage is prescribed and intended to resolve conditions that have been diagnosed and prescribed by a Physician. The massage therapist can use a variety of modalities or techniques, but will focus the medical massage on the areas of the body related to the diagnosis. This massage is typically billed in 15 minute increments. Reimbursement fee schedule apply based on the coverage your insurance company has determined.

POINTS OF CONSIDERATION

- Please arrive 15 min prior to your first scheduled session to allow for consultation and changing.
- These are NON-SEXUAL sessions. Any sexual behavior will result in immediate termination of session and liability for full payment. You may also be reported to the authorities.
- Gift certificates available, not honored after the expiration date.
- If you are ill, or have been recently ill, please reschedule your appointment.
- Any cancellation made less than 24 hours will result in a cancellation fee.
- All prices are subject to change without notice.

ADDITIONAL SERVICES

Hand Paraffin Treatment
(20 min).....$15
Deluxe *(30 min) $20

Feet Paraffin Treatment
(20 min).....$15
Deluxe *(30 min) $20

Combo Paraffin Treatment
(30 min).....$25
Deluxe *(45 min) $35

Ear Candling (Lynn only)
(30 min).....$20

Aromatherapy Essential Oil.....$5

***Includes Mini Massage**